



# Colonial Crossroads Outline

## INTRO

- Jim and Carla start show with Jim playing Mountain Dulcimer with Carla playing the Limber Jack
- Introduce the show and ourselves
  - Colonial Crossroads is the intersection of European and African music in Colonial America.
- Introduce the Limber Jack
- Introduce Mountain Dulcimer
- “Soldier, Soldier” Carla and Jim sing

## PINKSTER

- One of the oldest African-American holidays celebrated in America was Pinkster.
- Pinkster was originally a holiday that was celebrated by the first Dutch settlers in the Spring. This holiday, which lasted a few days enabled enslaved Africans to enjoy a few days off to make merry with their loved ones.
- As this holiday was celebrated by both the Dutch, and the Africans that they had enslaved, the music and instruments of both cultures blended.
- Pinkster became known as an African-American holiday, and until Covid, was still being celebrated at Philipsburg Manor in Sleepy Hollow

## DJEMBE

- The djembe drum is said to have been invented in West Africa in the 12th Century

- Made from solid hardwood log
- Play different tones on djembe
- Demonstrate Djembe pattern #1
- Introduce “Che Che Kule” song, translating the words and movements
  - Demonstrate movements while Jim and audience claps
  - **Explain “Call & Response”**
  - Ask audience to join Call & response

- Hand movements - similar to “Hands, Shoulders, Knees, and Toes”

Che Che Kule - Hands on your head, twist your waist

Che Che Kofi Sa - tap your shoulders 4x, while twisting waist

Kofi Sa Langa - hands on your waist, twist waist

Kaka shi langa - touch your knees, then your waist

Kum Aden de - touch your knees, then head

Kum Aden de - touch your knees, then head

**Repeat**

- **Che Che Kule**

Che Che Kule

**Che Che Kofi Sa**

Che Che Kofi Sa

**Kofi Sa Langa**

Kofi Sa Langa

**Kaka shi langa**

Kaka shi langa

**Kum Aden de**

Kum Aden de

**Kum Aden de**

Kum Aden de

- Perform “Che Che Kule” as call & response with audience (Jim may demonstrate)

# GUITAR - “Buttermilk Hill”

## BODY PERCUSSION

▼ Creating tonal and rhythmic variation by striking body parts against each other... This includes generating sounds by using the hands, feet, lips, lungs, cheeks, arms, legs and torso.

### BACKGROUND HISTORY

The tradition of body percussion was started in America by enslaved Africans who had very limited access to musical instruments. As in all cultures, music plays an important role in African traditions. If we imagine musical instruments as actors in a drama, then the drum \* would play the lead role.

### BODY INSTRUMENTS

1. HAND CLAPS (*flat and cupped*)
  2. ARM SLAPS (*cross the forearms and strike the upper arms*)
  3. THIGH SLAPS
  4. TORSO SLAPS (*abdomen and upper chest strikes*)
  5. THIGH/TORSO COMBO SLAP aka HAMBONE (*food and music definitions*)
  6. LIP/CHEEK SMACKS (*omitted for covid pandemic*)
  7. VOICE (*sing, chant and holler*)
  8. BROOMSTICK
  9. FOOT STOMPS
  10. HAND RUBS (*rain or train sounds*)
- Demonstrate Body percussion with “Call & Response” with audience

## THE RECORDER

## DJABARA/SHEKERE

- Explain what djabara/shekere is, where it's from, and how it was made.
- Gourd instrument; Calabash: cousin of the pumpkin, and plentiful in Caribbean; Inedible
- Describe different sizes available
- Similar to maracas (with seeds on the inside)
- Demonstrate shaker patterns

## MANDOLIN & Square Dance

### GRIOT

- Explain the oral storytelling tradition of the griot, similar to a bard
- Tells stories of births, deaths, marriages, battles, and hunts.
- Griot often told their stories while accompanying themselves on an instrument

### BANJO

- Explain that the banjo was one of the instruments that a griot would play
- Explain where it's from, and how it was made: Gourd instrument with goat skin stretched across it, similar to the djembe.
- Hand banjo to Jim, who will demonstrate the instrument
- Perform "I've Known Rivers" on djabara with Jim on banjo, incorporating call & response with audience.
  
- I've known rivers  
ancient dusty rivers  
I've known rivers in the north and the south

I've known rivers in the east and the west

In North America

And South America

Asia

Africa

I've known rivers in the north and the south

I've known rivers in the east and the west

I've known and seen some rivers

**THANK YOUs, QUESTIONS & HANDS ON!**